

Opihi - on campus



Community - Acceptance - Respect - Excellence

Issue 5 31 March 2015

TWILIGHT GALA

Wednesday 1st April

5.00 - 7.00pm

We have had a huge number of quality second hand items donated to our White Elephant Stall—Check our facebook page.
Thank you to all our students and families for their ongoing support
Bring your friends and grab a bargain!

Chocolate
Wheel

50 cents for 3 spins

Puzzles

Cakes

Toys

Books

Auction of
Donated
Original
Artwork

Sausage
Sizzle

White
Elephant

Plants

Piano
Smash

Books

Games

Drinks

Hit the
Cans

Hot
Chips

Balance
Beam Joust

Lollies

Pizza

Many thanks to our kind sponsors





From Across the Principal's Desk

Dear Parents / Caregivers,

Kia ora tatou

The end of term is just about upon us and it has been very hectic. Last week I spoke to senior and junior students and emphasised that they are now at or over a quarter of the way through their courses for 2015. This is then a good time to reflect upon their progress towards their goals both short term and long term. For seniors this should include a reflection upon their progress towards earning NCEA credits so that they can be assured of success at the end of the school year.

Twilight Gala

This new event is on Wednesday night and we have some fantastic items for sale including new bikes, TV's, great cakes lots of toys and books. We also have an auction running for an excellent piece of art work. The auction is on Trademe and a link can be found on the school Facebook page. The gala will not just be an opportunity to pick up a bargain but also meet teachers and support staff who will be working alongside students at this event. I hope to see you there and that you enjoy the event.

Hot Cross Buns

This year the school raised over \$1000 from the sale of Hot Cross Buns. To encourage participation an interhouse competition was run. The final tally was a very close competition with just a few bags of buns deciding the final count. Well done to Opihi house and to all the students helped achieve this goal who will be enjoying hot chips at lunchtime before the end of term. We are also recognising the individual efforts of the top sellers for each house.

Work day, 7 May 2015

This week we sent the first detailed information with regard to the workday home with students. I encourage all Year 9 to 13 students to talk to local employers in the district to see if they can work for the day and earn the minimum of \$25 for the days work. If you would like a worker for the day please contact the school office with details of the work and the location and we will endeavour to find a student to come and work for you for the day. Similarly, if there are any community groups who would like a volunteer for a day or half day please contact the office with the details.

Late start

I would also like to take the opportunity to remind all parents and caregivers of Year 7 and 8 students that whilst the Year 9 to 13 students are out on workday the teaching staff will be starting work earlier. They will commence at 8am with some in service training which will be conducted on site. The first lesson of the day will commence at 9am for our Year 7 & 8

students. Students who travel to school by bus will be supervised once they arrive in school until the start of their first lesson that day. School will conclude at the usual time in the afternoon.

RYDA, student in cars safety education

This year we have a new opportunity for our Year 12 students to participate in a car safety education programme. This initiative is for all Year 12 students regardless of where they are in terms of gaining a licence or if they are a non driver. The aim is to provide education and guidance about how to keep themselves safe whether they are a passenger or driver in a vehicle. The programme is new to New Zealand but has been operating overseas and has been a successful teen car safety programme. All Year 12 students will be attending this day on Thursday 23 April and a letter will be going home in the very near future.

Castle Hill

Last week a group of senior students travelled to Castle Hill in the Arthurs Pass region and completed a number of outdoor activities. The feedback from students was really positive. My thanks go to Mr Grace and Miss Sutherland who organised this trip.

Portobello

Another group of senior students attended a biology camp at the Otago University Marine Research facility at Portobello on the Dunedin Harbour. This is an annual trip and is always well received by the students. Thanks to Mr Callow for his organisation of this trip.

Work inspiration

Opihi College is one of the pilot schools for this programme in New Zealand. The programme is providing a series of one day placements with a variety of employers in the region. The feedback from the students has been excellent and they have been given a great opportunity to participate. Thank you to Mrs Heenan for all her work with this project.

Finally

With the holidays upon us please do encourage your children to continue to read a book during the holiday break and to get outside and be active. Both of these will support student learning in the coming term. Do have a good break and I look forward to welcoming you all back in term 2.

Ka kite ano

Mike Wright
Principal

WEEKLY CARE CARD WINNERS

Josh Crichton
Tigerlily Doudle

Congratulations on winning a Canteen Voucher

FOR YOUR CALENDAR		
April	1	School Gala 5—7pm
	1	School photo orders in
	2	End of Term 1
	20	Start of Term 2
	23	RYDA Students in Cars Safety Education
	27	Anzac Day Holiday - School Closed
	28	Dunedin Tertiary Information Day
May	6	Opihi College Open Day
	7	Work Day
	15	Opihi College Cross Country
	19	Attitude presentation
	22	Opihi College Ball

Term Dates 2015

Term 1	January 30	April 2
Term 2	April 20	July 3
Term 3	July 20	September 25
Term 4	October 12	December 7

RELIEF TEACHER AIDE POSITION

We are seeking a suitable person who is able to work at short notice on an occasional basis. The position is based in our Student Learning Centre (Kowhai House) and may include working with students with physical disabilities.

Please contact Mr Wright, Principal.

Staff Vacancies



GALA ARTWORK AUCTION

This amazing artwork is an Acrylic On Canvas completed by student Alysha Calder, and is available for viewing at the school office. As part of the Opihi College Twilight Gala Fundraiser, this artwork is being auctioned.

The auction is being held on Trade Me: Listing #866146905.

HOT CROSS BUNS

Many thanks to all who supported this Fundraiser - 1,100 packets sold! A great effort.

Interhouse competition results:

- 1st Opihi
- 2nd Pacific
- 3rd Rata
- 4th Aoraki

Congratulations Opihi House



2014 SCHOOL YEARBOOK / MAGAZINE \$20 per copy

Copies still available from the School Office. These are able to be purchased by cash or cheque only.

TEMUKA FAMILY FUN DAY

Below: Israel Pearce competes in the Donut Eating Competition



SPORTS

CONGRATULATIONS

To the Opihi College Girls Volleyball team
who finished third in their competition.

Well done to:

Megan Frew, Learnna Hausler, Lori McDonald,
Leia Richards, Jaime Gould, Ngahuia Te Rahui Harris,
Ellen Crosse, Brittany Armishaw, Ashley Brown.



SCPSSA SWIMMING

25M BREASTSTROKE – 12yrs girls - 1st Sophie Pye
25m BACKSTROKE – 11yrs Boys - 3rd Ben Cleverley
25m FREESTYLE – 11yrs Boys - 3rd Fletcher Joyce
100m INDIVIDUAL MEDLEY – Open girls - 3rd Natasha Pannett
50m BREASTSTROKE – 11yrs Boys - 3rd Fletcher Joyce
4x25m FREESTYLE RELAY - 11yrs, PLACED 2nd

AORAKI ATHLETICS WINNER

U14 Girls Javelin
Rebecca Denley



AORAKI ATHLETICS WINNER

U14 Boys Shot Put
Jay Ross



AORAKI ATHLETICS 2nd

U15 Boys Shot put
Connor Brown



WINNERS OF THE JUNIOR SOFTBALL FINAL

THE BEST TEAM IN SOUTH CANTERBURY

Jia Prentice, Cole Robertson, Kayleigh Wright, Cody Crawshaw, Toby Tredrea, Peter Wilson, Evan Crosse, Hamish Fikken, Kiarn Prentice, Kye Waihapa, Mukesh Gaddam, Dom Barrett-Waihapa.

FUTSAL

Unfortunately the Futsal tournament we had students entered in, has been postponed until next term. Hopefully this gives the Football Association the opportunity to get other schools to enter.

TEMUKA SPORTS GROUP SPORTSPERSON OF THE YEAR AWARDS

CONGRATULATIONS TO ALL OUR NOMINEES

Peter Wilson
Toni Wilson
Adam Wilson
Kiarn Prentice
Neko Prentice
Fletcher Joyce
Natasha Pannett



CONGRATULATIONS

Tyla Smith

WINNER

Junior

**Sportsperson
of the Year
2014**



OPIHI COLLEGE HOODIES FOR SALE \$50

I will be sending another order away at the end of the term.

Please get your orders in to Sally in the Library.

You must pay when you order them.

Come and try one on, the sizes are very hard to work out.

TEMUKA HOCKEY CLUB – REGISTRATIONS BEING TAKEN NOW!

Year 7 and 8 Players Urgently Wanted

Contact Paula on 027 488 2781

Or register online at

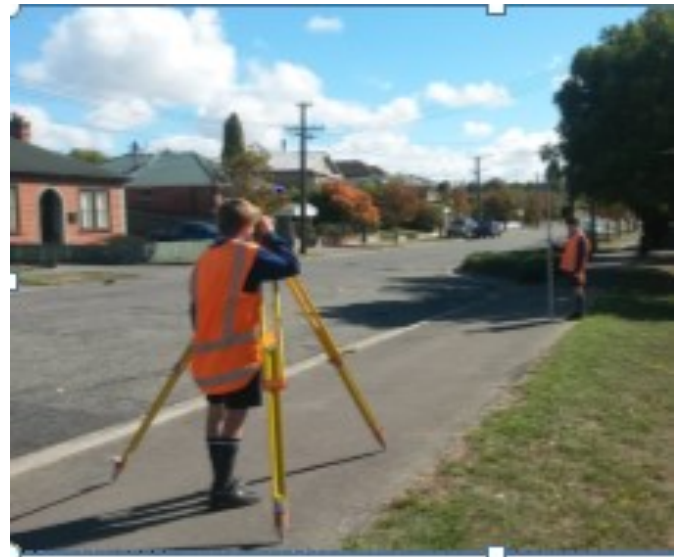
<http://www.sportsground.co.nz/temukahockey>





Work Inspiration Programme

For the last three weeks of the term, ten Year 10 students have been taking part in a pilot programme called the Work Inspiration Programme. This programme is designed to inspire students about different careers within different industries. Currently three employers are on board with this programme, Hilton Haulage, Timaru District Council and South Canterbury District Health Board. Students complete a personality quiz and are then matched with careers that suit their personality types within the different workplaces. The students then get to visit the different workplaces and spend a day with an employee looking at what they do in their jobs. We have tried to ensure that wherever possible student's experience all three workplaces. The students have been really positive about their experiences and it has opened their eyes as to what really happens in a workplace and more importantly what you do in a certain job. The pilot programme will continue in terms 2, 3, & 4 with different groups of students going out each term.



Become a Volunteer Timaru Response Team



2015 Volunteer Intake

21st April 2015 at 6:30 pm Civil Defence Response Team Head Quarters Botanic Gardens, Queen Street, Timaru

What does Timaru Response Team Do:

- Flooding Response
- Swift Water Response
- Emergency Roofing
- Mass Casualty
- Urban Search and Rescue (USAR)
- Rural Fire Support
- Earthquake response
- Plus lots lots more...

What's in it for you:

- Push Yourself to new limits
- Keep fit both mentally and physically
- Training and education opportunities
- Take on new challenges
- Helping others in their time of need
- Support your local community
- Develop new friendships



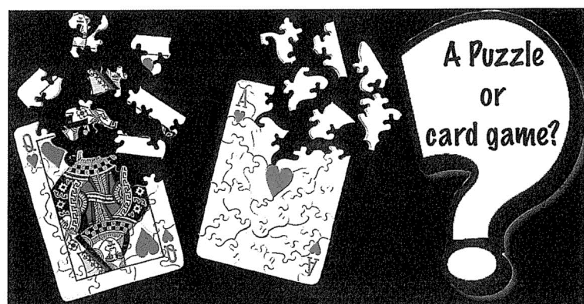
How to apply:

For further information or to book your spot on the Recruiting Open Evening, ring Ken Weavers on 0277142852

Applications Close 16th April 2015
Limited positions available

BRIDGE

THE GAME TO TRUMP ALL OTHERS!



Come along and discover **Bridge**
at the Temuka Bridge Club's
introductory, fun night!

WARNING

**THIS GAME
CAN BE
ADDICTIVE!**

Great for all ages!

For further information contact:

Glynis	ph: 6157436
Fay	ph: 6158235
Shona	ph: 6158178

Looking for a new interest?



Bridge

A Card Game for all

Bridge is the king of all
card games.



For further information about our
fun, introductory night

Contact Temuka Bridge Club members:

Glynis	ph: 615 7436
Fay	ph: 615 8235
Shona	ph: 615 8178

SOUTH CANTERBURY Drama League SINCE 1927 **Junior Section**

Disney

CAMP ROCK THE MUSICAL

By arrangement with Hal Leonard Australia Pty. Ltd., Exclusive Agent for Music Theatre International (NY)

Theatre Royal - Timaru
 9th - 11th April 7pm
 11th April 2pm Matinee

DIRECTOR
Bronwyn Chittock

MUSICAL DIRECTOR
Sharleyne Diamond

CHOREOGRAPHER
Katrina Mehrtens

Book at www.iticket.co.nz or phone 0508 iTICKET (484-253)
* service fee may apply

ITICKET	Newman's Music Works, 117 Stafford St, Timaru Hrs: Mon-Fri 8.30am - 5.30pm Sat 10.00am - 12.30pm	Timaru Visitor Centre 2 George Street, Timaru Hrs: Mon-Fri 10.00am - 4.00pm Sat-Sun 10.00am - 3.00pm	Geraldine Visitor Centre Four Peaks Plaza, Geraldine Cnr Talbot and Cox Sts Hrs: Mon-Sun 10.00am - 4.00pm
----------------	--	--	---

□ Oceans is a peer support programme that offers a nine to ten week peer support programme each school term for children and youth who have experienced loss in their life. The losses covered may come from the death of a close relative or friend, the separation of parents, or a separation of a parent due to Imprisonment. The focus of this programme is providing a safe environment for participants to talk about their losses. We attempt to run a programme each term. We have seen many children go through the programme and have numerous success stories of how it helped them. Please visit our website for more information, including referral or enrolment forms.
www.anglican care.org.nz
 Alternatively, email oceans.timaru@gmail.com or phone Matt on 0274 OCEANS (0274 623267)

Anglican Care Building healthy communities
www.anglican care.org.nz

Oceans

A Grief And Loss Peer Support Programme For Children & Young People

ARTFULL CRAFTS HOLIDAY PROGRAMME

Artfull Crafts is running school holiday craft classes again! Come and join Artfull Crafts for paper-crafting fun these holidays.

Week One:

Thursday 9th April, 1pm - 3pm, Card Making, \$10

Week Two:

Monday 13th April, 1pm - 3pm, Card Making, \$10

Tuesday 14th April, 1pm - 3pm, Pretty Gift Boxes, \$15

Bookings can be made online

at www.artfullcrafts.co.nz/classes

Phone 688 8566, or email info@artfullcrafts.co.nz

Artfull Crafts, 24 George Street, Timaru



Rotary International
Youth Exchange Programme

HIGH SCHOOL STUDENTS
WANTED

Rotary Clubs are now seeking applications from motivated secondary school students interested in spending a year overseas as part of this long established, successful educational and cultural exchange.

Best value of any long term exchange.
 Students receive monthly allowance.
 Students must be aged between 16 and 18 ½ at departure in January 2016.
 No family Rotary affiliation required.
 Applications close 30th April 2015.

A life changing experience.

For further information;

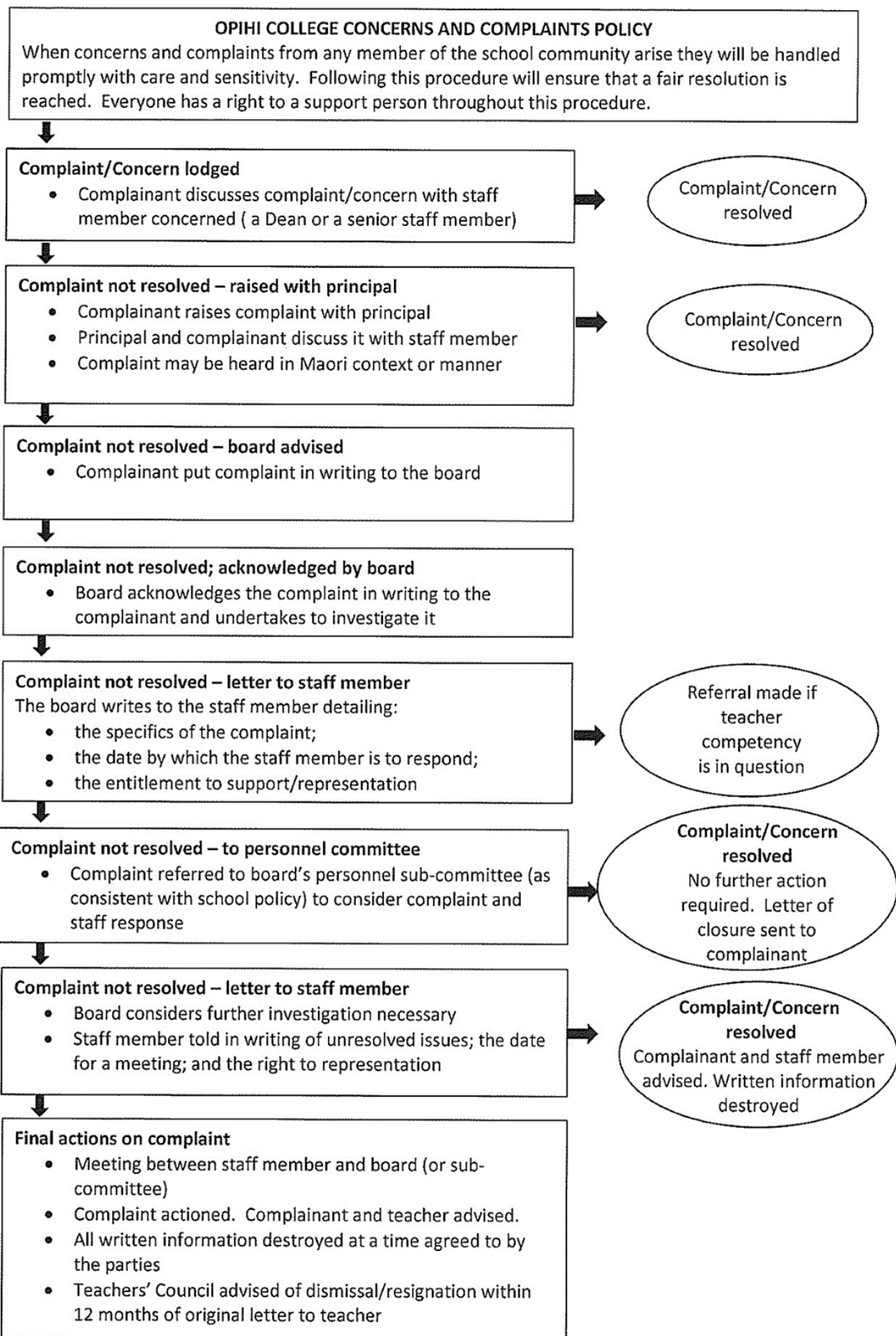
Contact: Merv Clearwater

HM;034894234 MOB;0274339689

107 Gladstone Road

Mosgiel

mervrye@gmail.com



Concern / Complaint Form

Name: _____

Date: _____

What is the issue / concern? _____

What action have you taken in regard to this issue?

What would you like to happen now?

Are you willing to have a restorative conversation with the person with whom the complaint is about?
(if it is appropriate)

Office use only:

Date received: _____

Action taken:

Actioned by: _____

Date: _____



OPIHI COLLEGE

Richard Pearce Drive, Temuka 7920, New Zealand

Dear Parents/Caregivers,

The Education Act requires that, at least once every two years, Boards of Trustees produce a written statement about how the school will implement health education.

The legislation requires schools to:

- Inform the school community about the content of the health education components of the curriculum;
- Consult with members of the school community regarding the way in which the school should implement health education;
- Describe, in broad terms, the health education needs of the school's students.

Attached is an overview of the Health and Sexuality Programmes we are proposing to teach.

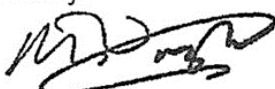
In general we cover Levels 4 to 5 of the curriculum at Opihi College. Individual parents may request, by writing to the Principal, that their children be excluded from tuition for parts of the health programme related to sexual health education. This requirement does not extend to exclusion at any other time when a teacher deals with a question raised by another student that relates to sexuality education, and does not prevent students seeking help or resources from our health clinics and/or health personnel under the legal guidelines explained above.

Students in years 7 to 10 will be notified in advance of a sexuality unit being taught, so parents can decide if they wish their child to take part in the course.

If you have any comments, feedback, suggestions or questions we would be pleased to hear them. A questionnaire is attached.

Please complete the questionnaire and return feedback by 1st May 2015.

Yours sincerely


PP

Stuart Grace
Head of Faculty for Health and Physical Education



Approved Draft
STATEMENT ON THE DELIVERY OF THE HEALTH CURRICULUM
Opihi College

Introduction:

Section 60B of the Education Act 1989 (as amended in 2001) requires the board of trustees to consult with the school community at least every two years on how the school will implement the health education component of the curriculum. The board is required to adopt a statement on the delivery of the health curriculum following this consultation.

Health and Physical Education in the New Zealand Curriculum:

Health Education is (with Physical Education) one of the seven essential learning areas in the New Zealand Curriculum. Health Education includes: Mental Health, Sexuality Education, Food and Nutrition and Body Care and Physical Safety. Sexuality Education must be taught in all schools in New Zealand as a part of the Health Programme. We believe that the issues covered within sexuality education are relevant and important for all students at Opihi College.

Underlying Concepts in Health and Physical Education

- Hauora / Total Well-Being
- Health Promotion
- Socio-Ecological Perspective
- Attitudes and Values

Mental health:

Mental Health is a broad area, influenced by many things. At the personal level, mental health refers to the quality of a person's psychological, social and behavioural functioning in the community and the world.

Positive mental Health is necessary for students to reach their highest academic, physical and social potential to become resilient human beings in our community.

Sexuality education:

The broadly agreed and overriding goal of the sexuality education programme at Opihi College is to provide students with the knowledge, understanding, and skills that they need to develop positive attitudes to sexuality (Communication, gender, stereotypes, orientation, media etc) and to take care of their sexual health needs, both now and in the future.

The agreed principles underlying the treatment of sexuality education at Opihi College are those of:

- recognising that the family is the primary educator of children in matters to do with sexuality;
- affirming the choice of students who are not sexually active and acknowledging the choice of those who are or have been sexually active;
- ensuring that staff who teach sexuality education are appropriately trained and qualified classroom teachers;

- ensuring that the learning materials used within the programme are carefully selected and that they reflect the goals and principles above;
- enhancing communication between the school and the home wherever possible.

Food and nutrition:

The food choices made by individuals and families affect all aspects of their health. Food and nutrition education enables students to make informed decisions about and the choices that will contribute to their own well-being and that of other people.

In this area of learning children examine the influence of food and nutrition in relation to the spiritual (Taha wairua), physical (Taha tinana), mental and emotional (Taha hinengaro), and social (Taha whanau) dimensions of well-being (Hauora).

Body care and physical safety :

Learning about body care and physical safety provides students with opportunities to make informed decisions about body care, to recognise hazards in the environment and to adopt safe practices in relation to these.

The main focus of this key learning area is the physical dimension of hauora. However, body care and physical safety also relates to the spiritual (Taha wairua), physical (Taha tinana), mental and emotional (Taha hinengaro), and social (Taha whanau) dimensions of well-being (Hauora).

Students examine social, cultural and economic attitudes, beliefs and practices that influence environmental safety and personal body care.

Aims of the Sexuality Programme

The aims of these units are for students to:

1. Understand the changes at puberty and their effects on Hauora.
2. Review Sexual Anatomy and the process of conception.
3. Investigate how sexuality is portrayed in the media and what effect this has on teenagers.
4. Develop awareness of sexual diversity and understand the effects of discrimination based on sexual orientation.
5. Identify some of the decisions they may be faced with, regarding sex and practise making safe decisions.
6. Practise effective communication and assertiveness skills that they can use in relationships.
7. Identify how to use different contraceptives and understand how they work.
8. To understand how STI's are transmitted and how to prevent them.
9. To identify where to go for help with sexual health matters and the community support services available.

SEXUALITY COMPONENT		Developing further knowledge about sexual relationships	
Year 7/8	Puberty	Year 12 and 13	
-	Physical and emotional changes	-	Resisting sexual pressure
-	Caring for the body	-	Relationships dynamics
-	Values/different families	-	Unplanned pregnancy / Pregnancy
-	Communication/decision making	-	Empowerment and assertiveness / Rape
-	Student support/services	-	Personal Identity and self efficacy
-	Self worth – acceptance of self and others	-	Equality and gender roles
-	Assertiveness	-	drug use
-	Friendships – choosing/choosing	-	safer sex options / Abstinence
-	Recognising media and consumer influences	-	Impact of sexual health decisions on others and society.
-	Stereotypes and gender roles	-	Agencies and resources
-	Agencies and resources		
Year 9 Developing knowledge about Sexual Maturation			
-	Managing sexual health – rights, responsibilities		
-	Self worth – body image		
-	Developing interpersonal skills		
-	Hormones and Stress		
-	Balanced lifestyle		
-	Communication/decision making		
-	Student support/services		
-	Agencies and resources		
Year 10 and 11			
-	Managing sexual health		
-	Relationships and harassment		
-	communication		
-	personal rights and choices		
-	Healthy choices		
-	limits		
-	drug use, decision making and peer pressure.		
-	safer sex options / Abstinence		
-	Pregnancy		
-	Gender and sexual orientation		
-	Problem solving, Communication and decision making		
-	Student support/services		
-	Agencies and resources		

Consultation Questionnaire

Please indicate on the following items the degree of importance you place on the teaching of them in the health curriculum at Opihi College.

Mental Health – includes but not limited to

	• Essential	• Important	• Not as important
Friendship			
bullying			
peer pressure			
team building skills			
feeling			
loss			
grieving			
cyber safety			
Any other			

Please Comment.....

Sexuality Education – Includes but not limited to

	• Essential	• Important	• Not as important
puberty			
body awareness			
decision making			
contraception			
abstinence			
gender identification			
STI's			
Any other			

Please Comment.....

Food and nutrition – includes but not limited to.

	• Essential	• Important	• Not as important
Healthy Eating			
Planning healthy meals			
Packaging			
Labels			
Diet			
Any other			

Please Comment.....

Body Care and Physical Safety – Includes but not limited to , , , and, etc.

	• Essential	• Important	• Not as important
sun smart			
river safety			
fire safety			
first aid			
personal hygiene			
Any other			

Please Comment.....

Of the four key learning areas which do you consider to be the most important?
(Please rank in order of importance 1 – Most, 4 Least)

- Mental Health
- Sexuality Education
- Food and Nutrition
- Body Care and Physical Safety

Why have you placed them in this order?

Are you concerned about any particular aspect of Health and Sexuality Education currently being taught? Y / N

Why?

Please complete and return to the school office by Friday 1st May 2015