

Opihi - on campus



Community – Acceptance – Respect – Excellence

Issue 13, 20 August 2015



Pop Up Gallery

Opihi College is providing a Community Event in the form of a 'Pop Up Gallery'. We are asking students to find art at home and bring it on Friday 21st August to loan to our Community Gallery. As part of the show and tell, students will be asked to write a brief statement about the art that they have chosen to bring along explaining what they know about it, and why they chose it.

Gallery will be open for Viewing:

Friday 21st August 4—6 pm

Saturday 22nd August 12—2 pm



Year 9 and 10 Camp

*Blue Skies, Kaiapoi
11-13 November*

A camp has been organised to Blue Skies, Kaiapoi for 11-13 November for interested Year 9 and 10 students.



A variety of activities have been planned for the camp including:

- Adrenaline Forest (a professionally run high ropes course)
- Surfing
- Mountain biking in Bottle Lake Forest Park
- Orienteering
- There are also additional activities available during the evenings at Blue Skies Camp that we will be taking part in.



The cost for this camp is expected to be a maximum of \$180 which includes all travel, activities and food for the two and a half days. If additional external funding can be secured, the cost to families will be reduced.

There are a few places left on this camp, and will be allocated on a first come—first served basis. Please collect a form from the school office.





From Across the Principal's Desk

Dear Parents / Caregivers,

Kia ora tatou

Recently I read an article by Hekia Parata, Minister for Education. She reinforced that the successful education of young people is a partnership between the school, the student, the home and the community. This was exemplified by our recent Careers Option evening which is reported below. However, I would like to reinforce the importance that we all need to support one another in order that our young people in our community have the best quality education and receive the best support available. The school cannot do this on it's own and we do all need to work together.

Careers Option evening

On Tuesday night over 120 people packed into the school hall to hear about NCEA, the opportunities at Opihi College and also from local employers about how students can gain employment and succeed in the future. John Hogue, the Chief Advisor for Youth Guarantee spoke about the approach that Opihi College was taking and described the school as being 'progressive and forward thinking'. Representatives from local employers also reinforced the need for students to be willing to learn long after they leave school as well as some of the 'soft skills' such as being punctual, honest, well presented and confident. I would like to thank the following people for giving up their time to speak to students and parents on Tuesday night:

- * Gutsy Aitken, Temuka Transport
- * Gibby Campbell, Main Street Butchery
- * Alan Jones, Midland Contracting
- * Sue Hanifin, PGG Wrightson
- * Jill Duncan, Duncan Engineering
- * Lucy Millar, Millar Engineering

Move to Automation

Following the need for students to be suitably qualified there was a very interesting item on TVNZ

Sunday. Below is a link to the full programme. I suggest skipping the first third about the ACDC drummer!

<https://www.tvnz.co.nz/ondemand/sunday/16-08-2015/series-2015-episode-29>

Timetable changes

In 2016 we are looking to make some changes to the organisation of the school day. The purpose of the changes is to provide a more meaningful learning experience to our students. Currently we are looking at slightly longer lessons of 90 minutes. The start of the day will remain at the same time but students will go to their period one class as opposed to a tutor time. The biggest changes will be to a six day timetable. Full details of the changes and how the changes will be supported will be provided in a separate letter before the end of this term.

Importance of breakfast

In another article which I read, it talked about the importance of having breakfast each morning. The article states; 'The fact is, the cheapest meal to provide, at just 50 cents per person, and the most important, is sometimes overlooked by families. A common human trait is that the simplest things can be the hardest to do' This simple quote highlighted not just the importance of breakfast but also the value for money. A young growing child and teenager will struggle to concentrate and learn if they are hungry. A bowl of Weetbix or cornflakes followed by toast and spread is sufficient to power a young mind and body through the morning. I encourage all families to get students organised to have this simple meal in the morning and set themselves up for the day ahead.

Winter sports final weeks

As the month draws to a close a lot of our winter sports codes are drawing to a close. There have been many successes as well as the occasional failure, which we all learn from, during the season. Sports results are acknowledged in our assemblies. The opportunities to our students come about

because of the support of teachers, managers, coaches and supporters. I would like to acknowledge the help of all those individuals who have supported the team members during the season. Thank you for your efforts.

Teacher Only Day

On Friday 18 September we will be holding a Teacher Only Day. Once again we have liaised with Temuka Primary School to co-ordinate this day in an effort to alleviate some of the issues of child care at this time. This is a day when the school is closed for instruction and staff will be engaged in a whole day of professional development. Thank you for your cooperation with this important aspect of school life.

Shigakukan High School

On Tuesday we also farewelled students from Shigakukan High School. Thank you to Mr Lindblom for his organisation, and the homestay families who have looked after the students so well. This is a real feature of the school year and the students and their families all report enjoying the experience. Any family who would like to host an international student in the future please contact Ms Janine Murray at the College to discuss the opportunity. One of the teachers from Shigakukan High School has created a blog which some families may be interested to view:

<http://www.shigakukan.ed.jp/international/%E3%83%8B%E3%83%A5%E3%83%BC%E3%82%B8%E3%83%BC%E3%83%A9%E3%83%B3%E3%83%89%E7%9F%AD%E6%9C%9F%E7%95%99%E5%AD%A6/>

Finally

Friday marks the mid point of the term. For seniors it also means that they have only 8 weeks left of instructional time. For juniors it is timely to review their progress towards their graduation certificate. Mid way through the term is a good time to sit and talk to your child about their progress and what they need to do between now and the end of the term/ year.

Ka kite ano
Mike Wright

Basketball News



Congratulations to the Opihi College Year 9 & 10 Girls Basketball team who won the final last week, and finished First place in the C grade.

Well done to

Kayla Bagrie, Katie Black, Shania Cochrane, Rebecca Denley, Soriya Halkett, Stevie Loudon, Jessica Marshall, Sophie Nolan, Louise Rippin, Kayleigh Wright, Coach Tea Prentice and Manager Keren Wright.

Congratulations Charlie Te Haate on being named in the South Canterbury Under 13 Girls Basketball Squad.

UNIFORM

Spring is here!

The Opihi College summer uniform will become optional for all students from 1st September, and compulsory after Labour Weekend (27th October).



Shigakukan and Whanau students working together and learning both Te Reo Maori and Japanese.

FOR YOUR CALENDAR		
August	31	SISS Netball Tournament
September	1	Course Selection for 2016 completed
	1	Summer uniform optional
	7	Conferencing 4-8pm
	8	Conferencing 8am-4pm No lessons on this day
	9-11	Cardrona Ski Trip Yr 9-10
	11	Temuka Sports Group Winter Tournament
	15	Election for Student Representative to the Board of Trustees
	15-17	Dental Van on site for Year 8 check ups
	18	Teacher Only Day No lessons on this day
	26	End of Term 3
October	13	Start of Term 4

COURSE SELECTIONS 2016

All current Year 9-12 students need to complete the on-line selection of courses for next year by 1st September 2015. If they missed out on receiving instructions at the Careers Options Evening, these are available from the school office.

PARENTS/CAREGIVERS OF YEAR 7 & 8 STUDENTS

Can you please ensure your child has a glue stick and a highlighter as we use them (almost daily) in Integrated Studies and many of our students do not have these items. It was on the stationery list at the start of the year.

Your support is appreciated.



COLLEGE TROPHIES

Could all College cups and trophies awarded last year please be returned

PARENT CONFERENCING

Book your preferred time now!

The second stage of conferencing for 2015 will take place on the 7th (4-8pm) and 8th (8am-4pm) of September. There will be **no lessons on September 8th** in order to allow staff to meet with whanau. A link is available on the school website in the 'Recent News' section of the homepage to book your session using the code **6BV3C**, alternatively visit www.schoolinterviews.co.nz, or call the office.

At this conference, Option Choices will be confirmed and progress towards Junior Graduation (Y7-10) and NCEA (Y11-13) will be discussed. Please note: Parents and Students will meet with their Mentor teachers.



Opihi College

C.A.R.E.
COMMUNITY | ACCEPTANCE | RESPECT | EXCELLENCE



WEEKLY CARE CARD WINNERS

17th August 2015

Baylee Davison

Madison Reihana

CONGRATULATIONS

Emilie Ackroyd ~ Received her Silver E badge
Emily Black ~ Received her Silver E badge
Flynn Coskerie ~ Received his Bronze E badge
Tyler Frew ~ Received his Bronze E badge
Baiden Halkett ~ Received his Bronze E badge
Alex McDonald-Solway ~ Received his Bronze E
Liam Mulligan ~ Received his Silver C badge
Kye Waihape ~ Received his Bronze E badge
Khalin Beard ~ Received his Bronze R badge
Lily Moore ~ Received her Bronze A badge
Blake Morris ~ Received his Bronze E badge
Natasha Pannett ~ Received her Bronze E badge
Dylan Stone ~ Received his Bronze E badge
Natalie Stone ~ Received her Bronze E badge
Megan Talbot ~ Received her Bronze A badge
Brooke Thomas ~ Received her Bronze C badge
Tea Prentice ~ Received her Silver E badge
Mercedes Mulder ~ Received her Bronze C badge
Cheyenne Conley ~ Received her Bronze E badge
Ryan Bagrie ~ Received his Bronze E badge
Maddison Martin ~ Received her Silver A badge
Maddison Martin ~ Received her Silver E badge
Kyle Morris ~ Received his Bronze E badge
Ryan Bagrie ~ Received his Bronze E badge
Tea Prentice ~ Received her Silver R badge
Sophie Pye ~ Received her Bronze R badge
Nicole Steele ~ Received her Bronze C badge
Tiaki Stevenson ~ Received his Bronze E badge
Emily Scannell ~ Received her Bronze E badge
Emily Scannell ~ Received her Bronze R badge
Akena Frisby ~ Received her Bronze E badge

Tea Prentice ~ Received her Silver Certificate

Calendars, Books & Card Packs Art Fundraiser



Students have been issued with a template (for Art) and an order form for this year's fundraiser—calendars, books and card packs. These make great birthday and Xmas pressies and can be sent easily overseas.

Encourage your student to generate their own art, or use art that they have made at school. Siblings can participate too!

If you would like to use photos, they need to be professionally printed, rather than on an ink jet printer. Family photos look great!

This year we are supporting a local printing company 'Doodle Doo' at Heartland Design and Print.

Price List:

2016 Calendar	\$12.50
Card Pack	\$12.00
Note Book	\$15.00
2016 Diary	\$18.00
Art Pad	\$12.00

Please return orders with payment to the school office by September 11th.

Wanted Year 7/8 Softball players!



Come play softball for the #1 junior team in South Canterbury!

That's right Opihi College was #1 last year. This year the softball association is splitting the junior team into **7/8 Boys' Teams** and **7/8 Girls' Teams**. We still need a few more boys to sign up, but I'd especially like to encourage the girls to come out and play on our all girls' team. No experience necessary - we'll train you and get you ready for the season. Your first step is to come to the library and sign up.

*What are you waiting for?
We need **YOU!***

For more information contact Mr Lindblom at lindblome@opihicollege.school.nz.

Play ball!

SUSSED?
INFORMED DECISIONS FOR TERTIARY STUDY

Thinking about further study?

Students planning to continue study after they leave school have a lot of choices to make.

[Sussed Online](#) will get you on your way. Will it be broadband and baked beans, or dial-up and dining out? Part-time job or parents helping? Hear from students about their experiences and the choices you will need to make. You'll also learn more about StudyLink and what we do along the way.

There are some really important decisions to make. A little effort, planning and commitment now can turn into exciting jobs, higher wages and only having to pay back what you really needed to borrow to get there.

Let's figure out what things you'll need for your tertiary education, and how you might pay for them.

We encourage students and parents to check it out at www.studylink.govt.nz.

Regards
The StudyLink team

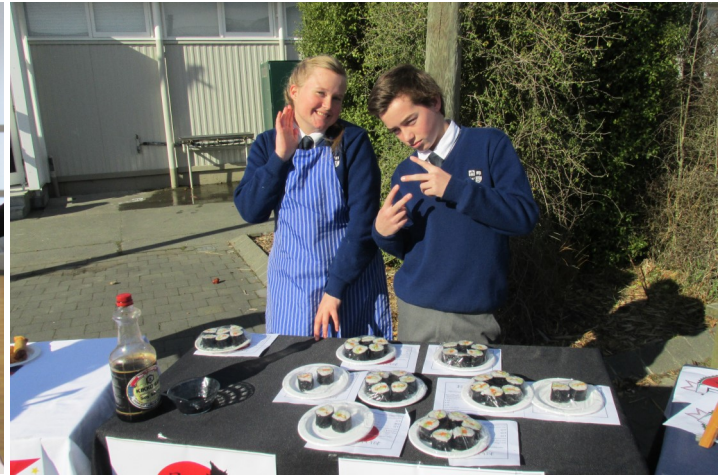


INTERNATIONAL FOOD MARKET DAY

Year 11 Business Studies



"Sharmeela's Fried Rice" by Sharmeela Gaddam



"Oishii Sushi" by Tegan Robertson and Neko Prentice

This year we had the pleasure of trying everything from Filipino spring rolls, Hawaiian pizza, sushi, ambrosia, fried chicken rice to delectable brownie. The students marketed, financed and produced an international food dish to sell to the Opihi College students. Although no big profits were made, all teams did make a profit and that money is going to be used to finance dinner and a movie on the upcoming Business Studies trip to Wellington. Thank you so much to all the staff, parents and students that supported these students in running their own businesses.



"Spring Rolls 'R' Us!" by Andrew Kirkcaldie



"Jacob's Pizza" by Jacob Thompson



"Alex's Brownies" by Alex Drummond



OPIHI COLLEGE

Richard Pearse Drive, Temuka 7920, New Zealand

OPIHI COLLEGE STUDENT REPRESENTATIVE ELECTION FOR THE BOARD OF TRUSTEES

Nominations are invited for the election of one student representative to the board of trustees.

A nomination form and a copy of this notice is being distributed to all eligible voters on the student roll.

Further nomination forms can be obtained from the school office.

Nominations close at noon on Tuesday 1st September 2015 and should be accompanied by a candidate's statement.

The voting roll is open for inspection at the school and can be viewed during the hours the office is open.

There will also be a list of candidates' names for inspection, as they come to hand, on the office notice board.

The poll closes at noon on Tuesday 15th September 2015.

Signed
Mrs S Patrick
Returning Officer

Ph: +64 (3) 615 7442, Fax +64 (3) 615 9987 | office@opihicollege.school.nz | www.opihicollege.school.nz



If you can share your skills you can be a trustee

OPIHI COLLEGE

YOUR RETURNING OFFICER IS:
George Patrick
Opihi College
Richard Pearse Drive,
Temuka 7920
03 615 7442, office@opihicollege.school.nz

Becoming a school trustee could be one of the most rewarding roles you have.

Being a school trustee is an important role that needs people with a range of skills and experiences, who believe in making a positive difference to our children's learning. Step forward and nominate yourself or someone you know by filling out a nomination form available from your school.

Learn more at www.trustee-election.co.nz

SCHOOL TRUSTEE ELECTIONS
Step forward
Piki ake

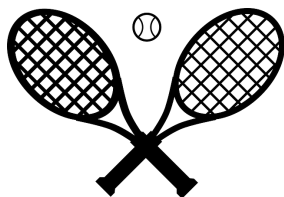
TEMUKA UNITED TENNIS AGM

7.30pm

Wednesday 26th August

Temuka Pavilion Clubrooms,
Temuka Domain

Enquiries to
Letitia Vren
0274 607 116



NOTICE FROM SOUTH CANTERBURY NETBALL

WE NEED YOU

VOLUNTEERS

NEEDED TO HELP

@ SISS NETBALL

TOURNAMENT

BEING HELD HERE
31ST AUGUST TO 3RD SEPTEMBER
2015

(DON'T HAVE TO BE AVAILABLE EVERY DAY - 1, 2, 3, 4 DAYS
WHATEVER SUITS)

PLEASE LEAVE YOUR
DETAILS & DAYS
AVAILABLE AT THE OFFICE
South Canterbury Netball, SBS Events Centre, Timaru

If you are looking for a sign to go DANCE, this is it. Go now!

JAZZ FUNK comes to NO 5 George street

MONDAY	7pm (adults)
WEDNESDAY	7pm (adults)
SATURDAY	11:30 (kidz + teens)
	12:30 (adults)

5 George street (above Koji Teppanaki restaurant)

More info: Vanda 021 1007694
FB page: Jazz funk Timaru

Jazzfunk

BABYSITTING COURSE

Full day course – Saturday 5 September 2015 9.00am to 5.00pm
Suitable for individuals aged between 14 and 18 years

TOPICS INCLUDE:

- Entertainment Ideas for Different Ages of Children
- Child and Infant CPR
- Employee/Employer Expectations
- Nappy Changing/Baby Bathing/Bedtime and Feeding
- Pay Rates
- Safety of Children and Safety of Babysitter



On completion of this course participants receive a basic first aid certificate along with a Timaru Parents Centre babysitting course certificate.

Next Course: Saturday 5 September 2015

Time: 9am to 5pm (1-4pm is First Aid section of the course)

Venue: Timaru Parents Centre rooms, 38 Stafford Street

Cost: \$30 per person

For further enquiries or to enrol

Amanda Webber

027 389 5219



Public meetings in the Council Chambers on
Wednesday 9 & 16 September, 7.00pm
School lunchtime meetings - 12.30-1.00pm

<p>WHAT AND WHY? The Timaru District needs 12 young people to represent the youth in our district on a Timaru District Youth Council.</p> <p>WHAT WOULD I HAVE TO DO? Represent your peers in the district. Network with the youth in the district. Attend 10 meetings per year. Serve on the Youth Council for 2 years.</p>	<p>WHO WILL MAKE UP THE YOUTH COUNCIL? Twelve young people aged between 15 and 24. One representative from Timaru Girls High School, Timaru Boys High School, Roncalli College, Mountview High School, Craighead Diocesan School, Geraldine High School, Ophi College and Aoraki Polytechnic, plus 4 other young people from the Timaru District.</p>	<p>WHAT'S IN IT FOR ME? The chance to represent your peers and make a difference for youth. Paid meeting fees and travel allowance.</p> <p>HOW DO I GET ONTO THE YOUTH COUNCIL? For more information and session times: See www.timaru.govt.nz/youth-council.</p> <p>Lunch time meetings at secondary schools and public meetings.</p> <p>Call Anthony Brien - 027 623 7158 or email Anthony.Brien@timdc.govt.nz</p>
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CHINESE CULTURAL DAY

孔子学院资源中心



FUN OPEN DAY
CONFUCIUS INSTITUTE
RESOURCE CENTRE
At Aoraki Polytechnic
32 Arthur Street, Timaru
(I Block see site maps on campus)

Free activities
For all ages
Chinese martial arts •
Chinese calligraphy •
Chinese knot making •
Paper cutting •
Chinese dancing •
Fun Language workshop •
Dumpling workshop •

Saturday
19 September, 2015
11.00am to 3.00pm

For more information please contact
0800 426 725 | www.aoraki.ac.nz



Canterbury

District Health Board

Te Poari Hauora o Waitaha

COMMUNITY 
dental service

Free Dental Care for Children - **including special information regarding Year 8 students**

One of our Community Dental Service preventive mobiles will be visiting your school soon. Sept 15 -17th 2015

- We will be aiming to see only Yr 8 children enrolled with the Community Dental Service have their dental check-up in the dental mobile while it is there
- **Year 8 students:** all year 8 students enrolled with the Community Dental Service are transferred from the Community Dental Service to a FREE private dentist from year 9 until their 18th birthday. To help with this transition please ensure you have informed your child of their family dentist (not orthodontist). This will enable us to transfer your child onto the correct dentist for year 9 onwards. More information will be sent home after their year 8 check-up.
- The dental therapist will not only be checking the children's teeth but will also Xray, clean, and apply protective treatments (including fluoride) if required.
- If your child requires further dental care such as fillings they will bring home a 'Care Plan' which will explain what dental care and appointment times are required
- When you receive the 'Care Plan' please contact our **Call Centre as soon as possible** as you will need to arrange a time to bring your child to one of our Community Clinics for this dental care
- **Please let us know ASAP if you do not wish your child to have any of this care, you can talk to the staff in the mobile or phone/email our Call Centre**
- If you wish to be present at your child's check up this will need to take place at our community clinic so please phone/email our **Call Centre** to make an appointment
- Please contact our Call Centre if you want further information on the Community Dental Service, to enrol your child or if you have any specific questions about your child's dental care (a dental therapist will call you back)

To contact our Call Centre: phone 0800 846 983 / email commndental@cdhb.health.nz

COPING WITH THE FLU AT HOME

If anyone in your home has influenza these three things will help stop it from spreading:

1. Clean hands often

Either wash your hands thoroughly (for at least 20 seconds) with soap and water and dry them carefully, particularly after being with a sick person and before eating or handling food; or use an alcohol-based hand rub and allow hands to air-dry.

Cover cuts and broken skin with a waterproof dressing.

2. Cover coughs & sneezes

People who are coughing or sneezing should avoid close contact with others. Cough or sneeze into a tissue and dispose of used tissues straight away. Alternatively cough or sneeze into your sleeve. Always wash your hands after coughing or sneezing.

3. Don't share germs

Anyone with influenza must stay home from work or school until they are no longer sick.

If you have the flu and need supplies, ask a well relative or friend to get them for you.

For specific advice on looking after yourself or caring for a sick person:

Call your General Practice or GP after hours number.

Healthline is also available for 24-hour free health advice on 0800 611 116.

In an emergency, always call 111.

Looking after the sick, including yourself.

Getting help for sick people in South Canterbury If someone in your family is sick, phone your usual General Practice number any time of the night or day. After hours, a nurse will advise you on what to do. Seek help early, especially if the sick person has underlying health problems like asthma or diabetes, or if they are pregnant.

Please don't bring your germs to your general practice unless advised to go there, and stay away from hospital unless it's an emergency. *In an emergency, always call 111.*

Treat the symptoms

To reduce fever and relieve aches and pains, take over the counter medication such as paracetamol. Always follow dosage advice on the packaging or from your General Practice or pharmacy.

A cool (not cold) wet facecloth to the forehead will also help lower body temperature. Do not wrap up or warm someone who has a fever, or if they are shaking or have the 'chills'.

When taking someone's temperature, wipe the thermometer with disinfectant after each use. A normal temperature is 37 degrees Celsius, but may be up to 38 degrees.

Drink plenty of fluids

People need up to two litres (eight cups) of fluid a day. Ensure the sick person keeps taking fluids in small amounts taken often. Water is fine but when you are sick, cold drinks containing a little sugar and electrolytes such as "sports" drinks or fruit juice, diluted with plenty of water are better.

Breast milk is best for babies.

Avoid drinks that contain alcohol and caffeine.

Appetite

People with flu may not feel like eating. Do not try to get them to eat if they have no appetite, it is more important that they get enough fluids. When they begin to feel better, slowly reintroduce solids.