

# Opihi - on campus



Community – Acceptance – Respect - Excellence

Issue 1, 5 February 2016

**Congratulations to all our students on their successes in the 2015 NCEA examinations!**

## ***Merit Endorsements***

Ellen Crosse	Shanique Guile	Lydia Kinvig	Maddison Mawhinney
Tegan Robertson	Emelia Livingstone	Emily McBride	Brittany Evans (left)

## ***Level 2 Pathways Endorsements***

Lyndon Murray (Creative & Infrastructure)	Amber Tredrea (Creative)
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## ***Excellence Endorsements***

Abigail Blay	Sam Haley	Meghan Mulligan	Emily Scannell
Erin Howey (left)	Maddison Martin (left)		



## ***Excellence Endorsements***

*Samantha Haley, Emily Scannell,  
Meghan Mulligan, Abigail Blay*



## ***Merit Endorsements***

*Emelia Livingstone, Lydia Kinvig, Tegan Robertson, Ellen  
Crosse, Maddison Mawhinney, Shanique Guile, Emily McBride*

## **NEWSLETTER PUBLICATION**

The Opihi College Newsletter is published every fortnight on the Opihi College website. Paper copies will be printed ***only for those who request them.*** If you would like to continue to receive a paper copy of this newsletter, please complete slip below and return to the school office.



***I would like to receive Newsletters in paper form***

Student Name \_\_\_\_\_

Tutor Class \_\_\_\_\_

Parent Name \_\_\_\_\_

Signed \_\_\_\_\_



## From Across the Principal's Desk

Dear Parents / Caregivers,

Tēnā koutou katoa,

Welcome to 2016 at Opihi College!

I hope you were able to take the time to refresh yourselves over the holidays and return to us ready to take on new challenges. As you know, Mr Wright has already begun his southern adventure, leaving me to work in the capacity of Acting Principal for Term 1 while the new Principal is recruited. Firstly, I would like to extend congratulations from all the staff at Opihi to students attaining NCEA endorsements in 2015, and to our new Head and Deputy Head Students, you will find their individual names and citations later in this newsletter.

You'll notice some big changes happening around the school, not only with the buildings, but also the way we deliver our class programmes. So what are these changes and why are they happening?

- You'll see from the new timetables that we have completed the changes signalled last year. The thinking around the change to 'longer learning episodes' was based on current New Zealand educational research. The longer time to concentrate in each class allows learners to settle to a train of thought, thereby ending up with more work time available. There is less time lost to change over between classes, less movement around the school and more time available for practical subjects.
- There are now two even sized breaks in the day. The research shows that students are healthier over time as they don't become too hungry during the day, their blood sugars stay level, and behaviour patterns are easier to manage.
- On Wednesdays learners will start school later (at 9am), this allows staff time to have professional development meetings, and provides learners with extra study time if required in the Library. On Wednesday afternoons learners will be able to sign up for a MyTime activity. We will encourage them to pick something you are interested in, this could be a physical activity, a club or a community service. The idea is to diversify skill sets and to provide set time to pursue personal interests.
- Of course, there are 6 days in the Timetable now, check out the Kamar portal or signs in the Library and Office to remind you of the days.

- Lastly, you'll find Tutor time has disappeared. It is replaced by a whanau session where learners will complete a programme of Mentoring, Health and Wellbeing, plus Study Skills and Future Planning Sessions.

My advice for adapting to these changes? Embrace it! The future of education in New Zealand looks a lot different from the classrooms of old. This is Opihi's first step towards providing a future focused curriculum for all our learners, in line with educational progressions across New Zealand.

In our first assembly of 2016, I took some time to review our school C.A.R.E. values and expectations. For junior students this forms part of their Graduation requirements, for our senior students, the framework provides opportunity to develop leadership capacity and values for life. Our C.A.R.E. system was held in high regard by E.R.O. during our 2015 visit, it has been used as a model by other schools locally and further afield to develop PB4L (positive behaviour for learning) systems. For our newcomers, I'm including a brief description:

- C for Community - this refers not only to our wider community outside school, but also to our school community. How can you become recognised for your participation in 'Community'? In small ways: Respecting the right of others to learn, helping and supporting your teachers and classmates. In larger ways: Get involved with a community event, for example Relay for Life or Community Service Days.
- A for Acceptance - Be a team player, care for our new students and Year 7's arriving at Opihi for the first time.
- R for Respect - follow the guidelines for behaviour in each of your classes, look after your equipment, keep your classrooms tidy, thank your teachers for their carefully prepared classes
- E for Excellence - Aim high, act on feedback given to you, be prepared for all your classes.

In closing, I'd like to wish you well for 2016. If our learners work hard and show attention and care with details, sustain good support at home and in class, they will be rewarded with the outcomes they deserve.

Nau te rourou, naku te rourou ka ora ai te iwi.  
Nga mihi,

Kate Staniford  
Acting Principal

## Senior Leadership Team for Term 1 2016

Mrs Kate Staniford	Acting Principal
Mrs Bernie Rose	Acting Deputy Principal
Mr Logan Callow	Acting Assistant Principal
Ms Natalie Bergamini	House Dean
Ms Rachael Queree	House Dean
Mrs Ashley Herbert	House Dean
Ms Branaye Wylie	House Dean

### NETBALL INFORMATION EVENING

All information for the 2016 season will be presented at this presentation. If you are going to be involved this season as a parent/caregiver, player, coach or manager please attend this evening.

**Where:** School Library

**When:** 7pm – 8pm

**Contact:** Branaye Wylie  
TIC Netball

### RELAY FOR LIFE

In March this year, is the annual Relay for Life. It has been decided that Opihi College will participate in this event every two years, instead of every year. We will still fundraise as a school and give a donation to the Cancer Society, as it is such a worthy cause that affects many of us. I would actively encourage students to join any other community Relay for Life team, as the experience is awesome.

Vicki Henderson

### BERWICK OUTDOOR EXPERIENCE

An outdoor and physical pursuits course to broaden ones experiences in life by using teamwork to improve individual confidence and self esteem. Activities include abseiling, tramping, kayaking and orienteering.

This is held at the Berwick Lodge in the Berwick Forest (30km south of Dunedin), from 6th to 14th May 2016.

**The Temuka Lions Club are keen to sponsor one young adult to attend this very worthwhile course. If you are interested in attending, please see Mrs Bergamini.**

### 2016 YOUTH SUMMIT

Are you aged 15-25 years old? Interested in green spaces and places, water issues, conservation, policy and planning? Join us and other like-minded people for two days of empowerment and creativity. Inspirational speakers, workshops, noho marae and field activities. This is a FREE event. Friday 26th and Saturday 27th February, Te Wheke Marae, Rapaki, Christchurch. Stay overnight at the marae or join us each day. Numbers limited: register early.

Registrations close 19th February 2016.

Contact: Jocelyn Papprill, Environment Canterbury:  
Jocelyn.papprill@ecan.govt.nz

**If you are interested in attending, please see Mrs Bergamini.**

### FOR YOUR CALENDAR

<b>February</b>	8	Waitangi Day Holiday <i>School closed</i>
	17	Swimming Sport <i>Qualifying Heats</i>
	19	School Photos
	26	Swimming Sports <i>(No afternoon classes—all students at Domain pool 12-3 pm)</i>
<b>March</b>	3	Athletics Day <i>(All students, all day, Opihi College field)</i>
	6	Family Portraits <i>Jack and Jill Photography Netball Fundraiser</i>
	10	Year 7-8 Parent Evening 6.00pm
	14	Student Led Conferencing 4-8pm
	15	Student Led Conferencing 8—4pm <i>School closed for instruction</i>
	25	Good Friday <i>School closed</i>
	28	Easter Monday <i>School closed</i>
	29	Easter Tuesday <i>School closed</i>
<b>April</b>	15	End of Term 1

### Term Dates 2016

Term 1	February 1	April 15
Term 2	May 2	July 8
Term 3	July 25	September 23
Term 4	October 10	December 9

### TEMUKA JUNIOR GOLF

Mondays at 4.00pm at the Temuka Golf Club on Domain Avenue. New members very welcome!  
**Any queries please phone Frances 615 8130**

### FUN DAY

*Every Sunday at the Temuka Domain Swimming Pool*  
11.00 am onwards

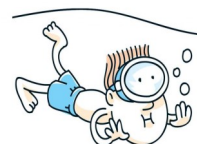
Lots of fun and prizes

'Splash for Cash'

Inflatables available 12.30 pm

Free Sausage Sizzle 12.30pm

Entry \$2.50 Child, \$4.00 Adult





# Welcome to Japanese in 2016!



All students at Opihi College get a small taste of the Japanese language and culture in Years 7 and 8. Then they can choose to study the language more in depth from Year 9 to 13. The goal for many of the students is to travel to Japan and use what they've learned in real-life situations on the biennial school trip to Japan. Others choose Japanese because it's a bit different; it's a challenge and fun at the same time. Visit our school website for more information in the section called "Curriculum".

**February:** At the end of the month students who are studying Japanese will go to Christchurch to participate in Japan Day. It will be a fun filled day of Japanese cultural activities and Japanese musical entertainment. **March:** Three students from our Japanese Sister City (Eniwa, Hokkaido) will visit us for three weeks! **May:** Language Perfect World Championships – A world-wide competition with big prizes open to all students. **July:** They're coming again! Don't miss out on your opportunity to host a student from Shigakukan High School (Chiba, Japan) for three weeks! Please tell Mr. Lindblom if you are interested. **August:** International Languages Week – Daily greetings in a different language, daily language quizzes and tutor class quizzes all make for an exciting international languages awareness-raising week. **September:** Japanese Language Trip – one week train travel through Japan and two weeks attending a Japanese high school while living with a family in our sister city. Arigato gozaimasu!



Dear Parents/Caregivers

Last year our Literacy tutor, Bridget Wilson (a trained teacher and SPELD instructor) discovered **Reading Plus** – a web-based reading programme which helps students become stronger, more proficient and confident readers. We were lucky enough to get a free trial of this programme during Term 4 and the results were impressive.

This programme helps students to read faster, recognise new words, and comprehend more of what they have read; enabling them to read textbooks, novels, articles, blog posts, and other pieces of text more easily across all age levels.

Here are some comments from students who participated in the trial:

*'I like it because it's easier than reading a book.'*

*'I can read more fluently. When I first started I was falling behind and now I can keep up.'*

*'It is a fun way to improve my reading.'*

*'It tells you the percentage – if I get it wrong I am more careful.'*

Reading Plus covers all reading abilities - it helps good readers become excellent readers. We noticed a big jump in the reading confidence of students in our trial. Students really seemed to like the tracking of the programme; knowing that they needed an 80% pass rate before they moved on to the next level was empowering for them. Reading Plus content goes all the way to Year 13. It is great for extending students.

The three parts to the Reading Plus session are reading for meaning (**SeeReader**), vocabulary (**ReadAround**), and eye training (**iBalance**). See reverse for more information.

Although we cover reading skills comprehensively in our class programme, we feel this web-based programme adds depth to a child's skill base, which is why we would like to offer our students the opportunity to participate in this programme this year. Students who participate in this programme will do so each week during Whanau time (2 x 45 minute sessions) and DEAR (drop everything and read).

The cost of this programme is \$33 per student (less than \$1 per week at school). Reading skills are so important for your child – every subject they take requires reading comprehension (throughout their school career). Please consider this when making your decision. Bridget is happy to talk to any parent/caregiver who would like to find out more about this programme. Simply indicate below and she will get back to you.

If you would like your child to participate in the Reading Plus programme this year, please indicate below.

Kate Manson

Year 7/8 Curriculum Coordinator

.....  
I would like Bridget Wilson to contact me so I can learn more about the Reading Plus programme before I make my mind up YES / NO

I would like my child \_\_\_\_\_ Year level \_\_\_\_\_  
to participate in the Reading Plus programme. Enclosed is \$33.

Parent/Caregiver's name: \_\_\_\_\_ Signature \_\_\_\_\_

Please return this slip and money in an envelope (addressed to Bridget Wilson) to the office.



### SeeReader – approx. 15-25 minutes per lesson

- Reading practice that changes the way they read
- A Guided Window helps train their eyes to read faster and more comfortably
- They must read it at a consistent rate and earn 80% comprehension or higher

### ReadAround – approx. 3-10 minutes per lesson

- Learn important words that they need to know to understand reading assignments in many different subject areas
- Become aware of which important words they already know and helping them learn new words that will appear in the SeeReader stories and articles

### iBalance – 4-10 minutes per lesson

- Trains the eyes to read more efficiently and accurately
- Scan - helps the eyes move quickly from left to right
- Flash - helps them learn to easily identify and remember groups of letters that appear often in stories and articles for increased fluency and accuracy

### Teacher Monitoring

- Each student is monitored by a teacher
- If they are struggling then the teacher and student can look at options to increase the student's ability to work at 80% comprehension and overtime increase their reading speed
- Mini lessons are available to increase a student's ability to read for meaning and pay closer attention to what they are reading
- Students are encouraged to persevere and keep up their 80% scores in SeeReader through CARE cards and praise

If you are interested in learning more – please go to Youtube and search 'reading plus.'

## OPIHI COLLEGE NETBALL FUNDRAISER

### \$10 FAMILY PORTRAIT FUNDRAISER

Affordable Family Portraits

Opihi College  
have Jack 'n' Jill Portraits coming to take family portraits

**When: Sunday 6 March 2016**

**Venue: Opihi College**  
**Richard Pearce Drive**

**Contact: Sally on 615 7442 During School Hours**

**The full \$10 is retained by  
the organisation**

Your \$10 Entitles you to:

- A free portrait sitting
- A 10x13 Portrait or a \$10 credit towards a purchase

#### T&C

One \$10 sitting per family/household. The \$10 portrait is a family portrait and must include a child. To qualify for your 10x13" photo, you can't have had a sitting with Jack'n'Jill in the last 6 months. The 10x13" photo can only be chosen at the pre-arranged viewing day. If you fail to attend for whatever reason the \$10 print is null and void and a \$10 credit will be applied to a future purchase.



VISIT US AT  
[www.jacknjill.co.nz](http://www.jacknjill.co.nz)



FIND US ON FACEBOOK  
[/JacknJillPortraits](https://www.facebook.com/JacknJillPortraits)



Jack 'n' Jill 2015  
Affordable Family Portraits

## Term 1 – 2016 – Opihi College

For any queries, please call the school office on (03) 615 7442 for confirmation. Office open from 9.30am on Monday 25<sup>th</sup> January.

N.B. Our new 6 day timetable starts on the first day of school (Thursday 4<sup>th</sup> February) with Day 1. Each timetable day is labeled TT – Day X to assist students.

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	31 Week 1	1 Couse Counselling in Library Y10 @ 10am Y11 @ 1pm	2 Couse Counselling in Library Y12 @ 10am Y13 @ 1pm	3 Year 7 only 8.30-3.10 Meet in Library Y7 BBQ @ 6pm	4 TT - DAY 1 Whole school attends Term 1 Starts	5 TT - DAY 2 House Meetings Newsletter	6
	7 Week 2	8 Waitangi Day Holiday	9 TT - DAY 3 Mihi Whakatau @ 8.40am	10 TT - DAY 4	11 TT - DAY 5 Agriculture Academy Meeting @6.30pm	12 TT - DAY 6 HiYS Day (Y7)	13
	14 Week 3	15 TT - DAY 1	16 TT - DAY 2 Gateway Course (selected Y12/13)	17 TT - DAY 3 Swimming Heats (pm – selected students)	18 TT - DAY 4	19 TT - DAY 5 Newsletter <i>School Photos</i>	20
Feb 2016	21 Week 4	22 TT - DAY 6	23 TT - DAY 1 Gateway Course (selected Y12/13)	24 TT - DAY 2	25 TT - DAY 3	26 TT - DAY 4 Swimming Finals - no pm classes (all students 12-3 at Domain Pool)	27
	28 Week 5	29 TT - DAY 5 Programme Incubator (selected Y12/13)	1 TT - DAY 6	2 TT - DAY 1	3 Athletics Day (all students, all day @ Opihi College Field)	4 TT - DAY 2 Newsletter	5
Mar 2016	6 Week 6 Canterbury Japanese Day (selected JPN students) Netball Fundraiser - Jack 'n Jill Portraits \$10	7 TT - DAY 3 Settling In Reports come home with students this week	8 TT - DAY 4	9 TT - DAY 5	10 TT - DAY 6 Y7-8 Parent Evening @ 6pm	11 TT - DAY 1	12

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	13 Week 7	14 TT - DAY 2 Conferencing Evening 4-8pm	15 Conferencing Day 8.30am- 4.30pm (no classes to attend for any students)	16 TT - DAY 3 Aoraki Athletics (selected students)	17 TT - DAY 4 SCPSSA Triathlon (selected Y7/8) Otago Polytech Visit (Y13)	18 TT - DAY 5 Newsletter	19
	20 Week 8	21 TT - DAY 6 Programme Incubator (selected seniors)	22 TT - DAY 1 Gateway course (selected seniors) Aoraki Swimming (selected students)	23 TT - DAY 2	24 TT - DAY 3	25 Good Friday Holiday	26
	27 Week 9	28 Easter Monday Holiday	29 Easter Tuesday Holiday	30 TT - DAY 4	31 TT - DAY 5	1 TT - DAY 6 Newsletter SCPSSA Swimming (selected Y7/8)	2
Apr 2016	3 Week 10 Summer Tournament Week (selected students)	4 TT - DAY 1	5 TT - DAY 2 GRIP Leadership Conference (selected Y12/13)	6 TT - DAY 3	7 TT - DAY 4	8 TT - DAY 5 Aoraki Minor Sports Day (selected students)	9
	10 Week 11	11 TT - DAY 6	12 TT - DAY 1	13 TT - DAY 2 RYDA Drive Training (all Y12) Winter Student Coach Day (selected students)	14 TT - DAY 3 NCEA Progress Printout to Y11- 13 students	15 TT - DAY 4 End of Term Assembly @2.15pm in Opihi College Hall Newsletter Term 1 ends	16
	17	18	19	20	21	22	23
	24	25	26	27	28	29	30
May 2016	1 Week 1	2 TT - DAY 5 Term 2 starts					



## **A Reminder - Uniform Changes for 2016**

Most of these changes are for our winter uniform. The only big change we have occurring right now is the check skirt is no longer available in some sizes (however there are many sizes still for sale in the Drapery). If you cannot source a check skirt then please purchase a navy blue pleated skirt from the Opihi College section in The Warehouse. Also The Warehouse are now stocking some of our uniform items. **Please note: you do not have to buy any new items unless you are replacing items.**

- The college blazer can be worn by students in Years 11-13 only. In winter, students will be required to wear a tie with the blazer.  
*Year 13s can hire one from the school – Years 11-12 can purchase one (not available until June).*
- The check skirt worn by Years 7-10 is being phased out (over several years) and replaced with a navy blue pleated skirt.  
*The same navy blue pleated skirt will be worn by Years 7-13 students.*
- Years 7-10 students will not have to wear a tie with their winter uniform.  
*They still can wear a tie if they wish, it is no longer compulsory.*
- All girls will wear black over the knee socks or stockings with the kilt.
- A black soft shell jacket (with crest) will be available to buy from the Warehouse. This jacket is not compulsory – students can still wear any plain black jacket of their choice for warmth.
- The junior boys' winter uniform (grey pants and grey shirt) will be discontinued (phased in over several years) and replaced with the option of black dress pants (and polo shirt) in winter.
- Senior boys winter grey pants are discontinued (phased in over several years) and replaced with black dress pants.

**Uniform items will need to be purchased from approved suppliers.** These are shown on the uniform guideline page.

Thanks for your support  
Opihi College BOT uniform committee

# Opihi College Uniform – School Regulations 2016



## Junior Summer Uniform (Years 7-10)

- blue check skirt<sup>1</sup> or navy pleated skirt<sup>4</sup>
- white split hem, short sleeve, blouse<sup>1 4</sup>
- white ankle socks<sup>1 4</sup>
- or
- mid-blue polo shirt<sup>2</sup>
- navy blue walk shorts<sup>2 4</sup>
- school socks - dark grey with black, blue and white hoop<sup>2</sup>

## Senior Summer Uniform (Years 11-13)

- navy blue skirt<sup>1 4</sup>
- white split hem, short sleeve, blouse<sup>1 4</sup>
- white ankle socks<sup>1 4</sup>
- school blazer (optional)
- or
- white short sleeved shirt designed to sit out<sup>2 4</sup>
- navy blue walk shorts<sup>2 4</sup>
- school socks - dark grey with black, blue and white hoop<sup>2</sup>
- school blazer (optional)

## Junior Winter Uniform (Years 7-10)

- "Blue Watch" tartan kilt<sup>4</sup>
- long-sleeved white blouse<sup>4</sup>
- black stockings or black over the knee socks<sup>4</sup>
- or
- Polo shirt<sup>2</sup>
- long black trousers<sup>4</sup> or navy blue walk shorts<sup>2 4</sup>
- school socks - dark grey with black, blue and white hoop<sup>2</sup>

## Senior Winter Uniform (Years 11-13)

- "Blue Watch" tartan kilt<sup>4</sup>
- long-sleeved white blouse<sup>4</sup>
- black stockings or black over the knee socks<sup>4</sup>
- school blazer<sup>4</sup> (optional) - school tie<sup>3</sup> to be worn with the blazer
- or
- white long sleeved shirt<sup>4</sup>
- long black dress trousers<sup>2 4</sup>
- black socks
- school blazer<sup>4</sup> (optional) - school tie<sup>3</sup> to be worn with the blazer

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<sup>1</sup> The Drapery, Temuka

<sup>2</sup> Kings Shoe Store, Temuka

<sup>3</sup> School office

<sup>4</sup> The Warehouse, Timaru



## All Seasons - Junior and Senior

- All students to wear black, leather or leather look, shoes of a plain design with enclosed toes. Shoes must be able to be polished, not suede or canvas. They must be shoes, not boots. They must comply with Health and Safety requirements for protection of the foot in technology and science areas.
- Students are advised to wear a blue sunhat (not baseball cap) in Term 1 and Term 4. Sunhats can be purchased through the school office.
- Plain navy blue or black beanies may be worn with the winter uniform during Term 2 and Term 3.
- Black soft shell jacket with crest<sup>4</sup>; or any plain black jacket of their choice for warmth.
- Dark Royal, V-necked, long sleeved jersey with school crest<sup>2 4</sup>
- Dark Royal, V-necked, vest with school crest<sup>4</sup>
- A non-hooded plain navy blue polar fleece jacket may be worn.
- PE uniform - Opihi College Rugby/Polo shirt with black shorts (mid-thigh maximum length and no cycle type shorts). A change of socks are to be worn with gym shoes. On cold days a black track suit or a plain coloured sweat shirt in your house colour and track pants may be worn. A white sweatshirt is also acceptable. *(The P.E. Rugby / Polo shirts are available to order and purchase through the school office – cost \$60.00.)*

## **PERSONAL PRESENTATION – SCHOOL REGULATIONS**

These regulations apply to all students. The appearance of the students is expected to reflect credit on the school at all times.

- Hair must be clean, tidy and tied up if longer than shoulder length. No extremes including changing hair to unnatural colours. Boys must be clean-shaven. Hair ties must be in school colours. ( Blue, black and white.)
- A Taonga or other item of religious or cultural significance may be worn appropriately. It is to be removed for health and safety reasons as required.
- Students may only wear one plain silver or gold stud earring per ear at their own risk. No other jewellery should be visible. Facial piercing, nose studs, tongue piercing and visible tattoos are not permitted.
- For students in Years 7 – 13 the school uniform is to be worn correctly and neatly. Make-up and coloured nail polish are not to be worn with school uniform.

**PLEASE NOTE:** Winter Uniform is optional from the beginning of Term 2 but is compulsory after Queen's Birthday weekend. Summer Uniform is optional from September 1<sup>st</sup> but is compulsory after Labour Weekend.

# Mandy's Snack Shop

## MUST BE ORDERED FOR LUNCHTIME

Chicken Salad Bowl	\$4.00
B.L.T Sandwiches	\$4.00
Nacho's	\$4.00
Chicken Burgers	\$3.50
with salad	\$4.00
with cheese	.50c
Chicken Nuggets x6	\$3.00
Hot Fries	\$2.50
Hot Wedges	\$2.50
Sour cream or Aioli	.50c
Wedges topped	\$5.00
With onion, bacon cheese Sour cream.	

## COLD TREATS

Juicie	\$1.20
Moosie	\$1.50
Ice-cream tub	\$2.00
Slushy cup	\$3.00

## DRINKS

Bottled Water	\$1.50
Cool Sip Juices	\$1.50
Up and Go	box \$2.50
Orange Juice	Glass \$1.00
Cool Change Juices	300ml \$3.00
	600ml \$3.50
	1Ltr \$4.00
Hot Chocolate	\$1.50

## FOOD AVAILABLE

Stuffed Potato	\$2.00
Sausage Roll	\$2.00
Pie	\$3.50
Noodles	\$2.50
Garlic Bread	\$1.50
Hash browns	2 for \$2.00
Frankfurter	\$2.50
Savories	\$1.00
Chicken Cordon Bleu	\$3.50
Toasted Sandwich	(1/2) \$1.50
Water for Noodles	.50c
Chicken Wrap	\$2.50
Sandwich	\$3.00
Popcorn	\$1.00
Choc mousse & Fruit cups	\$1.50
Chips / Dorito	\$2.00
Muffin	\$2.00
Licorice	\$1.50
Cookie	\$1.50
Banana Cake Slices	\$1.00

## GLUTEN FREE

Toasty	\$4.00
Muffin	\$3.00
Slice	\$1.50

## CHECK OUT WEEKLY SPECIAL BOARD

Prices subject to change