# Opihi - on campus







Community - Acceptance - Respect - Excellence

Issue 9 22 June 2017

1st Place for the Opihi!



Last Friday, Year 10 students Emily Bennett, Syrita McGinnis, Ritika Rautela, John Reyes, Porsha Speeden and Ava Venn drove down to Dunedin to participate in the annual New Zealand Japanese Trivia Championships. They put in many extra hours of study scouring the internet for bits of Japanese cultural trivia that might come up in the contest in the categories of: Japanese Sports/Festivals, Pop Culture, Geography, Food, Daily Life and Pot Luck. It paid off because the team consisting of John, Emily and Ava brought home the first place trophy for the Otago Region! Our other team with Porsha, Ritika and Syrita placed fourth. Yoku dekimashita (Well done)! You've certainly set the bar high for next year's Pictured from left: Syrita, Ritika, Porsha, John, Emily, Ava

#### **JUMP JAM EXTRAVAGANZA 2017**



Theatre Royal, Timaru Wednesday 28<sup>th</sup> June All Categories Heats: 8.30am – 3.00pm Finals Show: 6.00-8.30pm

# TEACHER ONLY DAY Tuesday 15th August 2017

There will be a Teachers Only Day in Term 3, where the staff will be off site. Opihi College will be closed for instruction on this day.

#### CARE BADGES

Congratulations to the following students:

#### **Gold Awards**

A = Tegan Robertson

#### Silver Awards

C = Baiden Halkett

**R** = Abigail Blay

**E** = Max Denley, Sophie Hall, Toni Doake, Cameron

Fikken



#### **Bronze Awards**

**C** = Logan Pannett, Sophie Hall, Sam Brown, Shayla Moss, Upendhar Gadikoppula, Cody Kereopa, Cameron Price, Allysa Price, Rickie Beecroft-Suddens, Ryen Williams

**R** = Jackson Steger, Bailey Donaldson-Fitt, Maddie Hammond, Rickie Beecroft-Suddens,

**E** = Mitchell Perfect, Millie Drake, Aaliyah Fenton, Amelia Holland, Chimera Miller, Anika Bagrie, Aaliyah Deer, Jakob Ashby, Robbie Johnson, Thea McNoe, Rexxa Albarico, Mia Andreassend, Joash Jorgenson, Mikaire Mookkaiah-Butler, Emily Russ, Jack Joyce, Ryan Sherriff-Wardell, Regan Thomas, Lachie White, Emily Wilson



## Opihi Students Extend Their Japanese Studies at UC

Earlier in June, senior Japanese students Lucy Cooper, Karina Yahagi, Cody Crawshaw, Evan Crosse, Aaliyah Fenton, Allicia Kelly, Jessica Marshall, Jia Prentice, Victor Savage, Alex Uden and Shekinah Welford traveled to Christchurch to participate in the Christchurch Secondary Schools' NCEA Japanese Workshop at the University of Canterbury. The students had the opportunity to experience a variety of workshops geared to help prepare them for their NCEA Achievement Standards. About 350 students from 16 high schools worked together with 50 high school teachers, university instructors and university students. It is the largest group of secondary and tertiary instructors in New Zealand cooperating together to extend our high school learners. Opihi College students worked in small groups with students from other schools and learned techniques and strategies which will aid them with their NCEA study. The conversation practice they had will also be of great benefit to our students who will travel to our sister city, Eniwa, Japan next year.

#### Photo from the left:

Jessica, Miss Inoue, Allicia, Karina, Lucy, Aaliyah, Victor, Cody, Alex, Shekinah, Jia, Evan

## Re-usable Plastics Bags

These are still available for purchase from the school office for \$5. These useful bags fold down very small to fit into their own carry case. Great to keep in your handbag, glovebox, caravan or the boat. They are strong and can be used for things like groceries, PE uniform, shoes, swimming gear, books, laundry, anything at all. You won't need to buy plastic bags from the supermarket again.













### SCPSSA Cross Country

A great days racing was held at Waihi School last week for the South Canterbury Primary Schools Cross Country meet. Congratulations to all of our athletes on a great effort. The Year 7 Boys team of Ashton Wright, Regan Thomas and Jack Joyce were placed second in the teams event. Well Done!



#### YEAR 7 / 8 BOYS BASKETBALL

I would like to thank David Taylor who coached the Year 7/8 boys basketball team this year. David is a skilled coach and is very dedicated to our school and basketball; this was reflected in the passion of the players. Also, thanks to Loretta Reynolds who was the boys' manager this year; we appreciate your support.

The team was: Ashton Wright, Jack Joyce, Trey Poutai, Jaxson Cullen, Jamaine Etti, Cody Kereopa,

Bailey McDonald-Solway, Regan Thomas and Lachie White.

Miss Manson Basketball Co-ordinator

Pictured are some of our senior basketball players in action recently





FOR YOUR CALENDAR		
June	30	Aoraki Netball
	30	Skate & Scooter Yrs 7 & 8
	30	Smokefree Rockquest Final
July	5-7	Life Education Trust visit
	7	End of Term 2 End of Term Assembly

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#### WEEKLY CARE CARD DRAW

*12th June* Blake Morris Ashley Neame

19th June Soraya George Kaitlyn Morrison



## Piano and Keyboard lessons at Opihi College



We have 3 or 4 slots left in our Piano Teacher's timetable at Opihi College .

Keyboard skills are essential for those wanting to have a career in music and are also valuable for those who are looking at being in bands or productions.

We are looking for students who enjoy music and who are motivated to practice.
Costs are \$20 per week (half hour lessons).

Please see Mr Fleming or contact the school office for information

#### Music - Tiki Taane Mahuta concert

After some injury dramas and frantic re-arrangements of transport, Opihi College students were lucky enough to have their Matinee tickets upgraded into tickets for Friday nights showing of Tiki Taane Mahuta at the Ashburton Event Centre on Friday the 9th of June.

Judging by the looks on the faces of the students and their reaction to the moving (and sometimes scary) music of Tiki Taane, the show was enjoyed by all. One lucky student managed a selfie with Taane after the show.

Music students were also busy in the Quad on Friday polishing their originals for the Smokefree Rock Quest ON THE  $30^{\text{TH}}$  OF JUNE. Students put together a half hour set that ranged from Megan Calder's amazing solo vocals, Jess Marshall's distinctive and incredibly catchy songwriting to the pulverizing grunge of Bass BBQ (Matt Anso, Luke Smith and Reef Brazendale). Don't forget to come along to the SFRQ on Friday the  $30^{\text{th}}$  in Timaru (We're not sure of the venue yet!) to support our crews.

Pictured: Bass BBQ—Matthew Anso bass and Luke Smith drums, and Reef Brazendale guitar







## Agriculture

Pictured above are students Gary Millar and Shayden Campbell practising to back into an implement at the Agrilearn Tractors course last week.

## The Key to Life You are invited

Well known comedian and mental health educator, Mike King. will be speaking to our students on 24th July. You (parents, whanau and members of the wider community) are invited to attend his presentation at 7 p.m. that evening in our school hall.

> Mike King has for years been known as the Kiwi comedian and entertainer but that role has changed dramatically over the last 4 years ever since the conception of his radio show The Nutters Club back in 2009. The show evolved from Mike's own experience of mental illness and addiction and has become a huge success

with it now airing weekly on Newstalk ZB on Sunday evenings and currently filming the 4th series for Maori Television. With a Facebook fan base of over 17,000 people the aim is to 'forever change the way people feel, think, talk and behave in relation to mental health.'

These days Mike is better known for his work as a prominent mental health educator with the work he does under his charity The Key to Life Charitable Trust, which aims to reverse the population trends of depression and suicide by effecting positive social change.

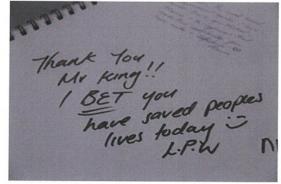
Mike takes a completely unorthodox approach and is getting out into schools to talk with the youth and talk with the communities, engaging them so that the conversation will continue and not be swept under the carpet any longer. Although suicide prevention is the big picture Mike doesn't actively

discuss it but concentrates on delivering a hopeful message and connecting people, services and

resources within the community.

He must be doing something right because the Key to Life continues to receive requests weekly for Mike to visit schools and towns throughout New Zealand.

Mike is passionate about his cause and gives his time daily to it. Whether it be mentoring young men and women on a one to one basis or visiting schools, Mike is always delivering his message of hope in some way or another.



Come and hear Mike King deliver his message of Hope and Support.

Opihi College Hall 7 p.m. 24th July

All Welcome

Entry: Gold coin donation



Should I give my teenager alcohol?

# Alcohol and Your Teenager



There is growing evidence that alcohol causes specific damage to young people's brains.

Many South Canterbury teachers agree; they see alcohol having a significant impact on some students' performance.

Although most teenage drinkers are given their alcohol by family and friends, it's actually illegal to give alcohol to anyone under 18 except in specific circumstances.

As a parent you can help your teenager understand the damage alcohol can do and support them to delay drinking alcohol, particularly before they turn 18.





#### For more information:

The <a href="www.alcohol.org.nz">www.alcohol.org.nz</a> website has advice for parents and caregivers, including the booklet Alcohol and your kids.

The Australian alcohol think again website www.alcoholthinkagain.com.au has useful information and videos for parents and young people.



For under-18s no alcohol is the safest choice. If you do choose to give your teenager alcohol, only give small amounts, and make sure you, or people you know and trust, are watching them when they drink it

It helps to be a good role model yourself, and to talk to your teenager and to other parents about alcohol.



If you do give alcohol to your teenager, you must follow the law.

The law in New Zealand says:

- ⇒ You must not give alcohol to someone under 18 unless you are their parent or guardian, or you have their parent or guardian's express consent ("express consent" isn't defined in the law, but it may include a personal conversation, an email or a text message that you are confident is genuine).
- ⇒ If you do give alcohol to your teenager before they are 18 (or to another teenager under 18 with their parent or guardian's consent) you must provide it "in a responsible manner". This includes:

- making sure they're supervised drinking the alcohol;
- providing food and a choice of low-alcohol and non-alcoholic drinks;
- arranging or providing safe transport.
- Also consider the type of occasion, the time period, the strength and amount of alcohol, and the age of the teenager.
- ⇒ A person under 18 must not drink alcohol in a public place or be in possession of alcohol for drinking there unless they're with their parent or guardian.
- ⇒ Drivers aged under 20 have a zero alcohol limit.







# STAR IN A NEW TV SHOW & BE IN WITH A CHANCE TO WIN \$25,000!

The brand new TV series XVenture Family Challenge is calling for entries now! Follow these simple steps:

- 1. Bring together your family\* (2 adults, 2 children aged 11-16) to film an audition video
- 2. Jump onto www.threenow.co.nz/xventure and follow the link to www.ecoxventure.co.nz. Read the full instructions on the TV Show page. Here you will find some useful tips and hints.
- 3. Film your audition video introducing your family
- 4. Register your family and upload your video
- \* Your team needs to comprise of two adults and two children aged 11-16, who are related (foster children, aunts, uncles, cousins, nephews and nieces also fit the category).

ecostore





For more information visit

www.threenow.co.nz/xventure