

# Opihi - on campus



Community - Acceptance - Respect - Excellence

Issue 7 9th May 2019



*During week 1 we were fortunate enough to have a visit from Olympian rower Rebecca Scown. She inspired our Year 7/8s with her story, of how she rose from going to a small country school to ending up representing NZ in two Olympic Games. She also spoke to our budding athletes - sharing the Olympic Values of Respect, Excellence and Friendship*







## From Across the Principal's Desk

Dear Parents/Caregivers

Tēnā koutou katoa,

Welcome back to Term 2.

### Assemblies

You will all be aware that we do not have the use of the Hall for assemblies at the moment. That has meant that over the past 18 months it has been harder to hold 'formal' assemblies and our Head Students have had less opportunities to take on that part of their role. We are endeavouring to involve these students more in the assembly process and developing (with their input) more opportunities for them to lead various aspects of our assemblies.

We hope to have some of our hall back for use later this term, so that we can move our assemblies back into that space. We are not yet sure if we can provide enough space, but we are doing our best!

### Buildings

The work on the buildings that have been moved onto the site is progressing, and although they are not yet ready we hope to have them in full use by the end of this month. That will resolve a lot of our congestion issues and will give students and teachers some excellent new teaching and learning spaces.

I am sure that most of you have seen the billboard at the front of our school. It shows the concept design for the new buildings that will built on the area that was previously H Block. The new building will also stretch back to the current Year 7/8 and Science building. Before the new learning spaces (classrooms) can be built the building currently known as Te Kainga will have to be demolished. The current plan is for that to happen in early/mid December, which should see the new buildings started in January 2020.

### Senior Ball

Next Friday, 17<sup>th</sup> May, we are holding our school ball. This is always a major interest for our senior students at the start of term two, and the week leading up to it can always be a little hard to engage the attention of our seniors – they have other things on their minds. However, I'm looking forward to next Friday night; seeing our students and their guests in their finery and enjoying themselves socialising and dancing. Don't forget that, like last year, the Ball will be held at St Josephs Hall. Watching the students arrive is always a great spectacle, so we hope you'll come along and support them. Finally, I am looking forward to another productive term full of successes for our students.

**Tohaina ō painga ki te ao.**

(Share your gifts with the world.)

Ka kite ano.

Nga mihi.

Tina Johnson

Principal

**Kōrero MAI**  
**KŌRERO**  
**MAURI TŪ**  
**MAURI ORA**

**SPEAK UP, STAND TOGETHER,  
STOP BULLYING**

FRIDAY, 17 MAY 2019



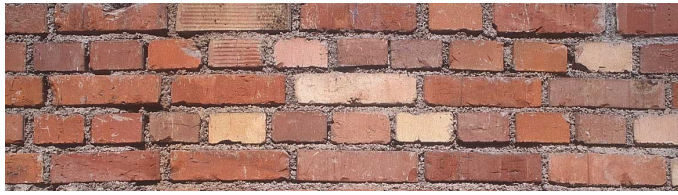
**AWHI HAPORI TAKUTĀPUI**  
PINKSHIRTDAY.ORG.NZ



Mental Health Foundation  
MAURITI TŪ, MAURITI TŪ



# WANTED



The Opihi College Trades Academy require 250-300 old red chimney bricks for a project. If you have any you could donate, please contact Ms Ellis or the school office. We can collect if required. Thank you.

## OPIHI COLLEGE SENIOR BALL Friday 17th May 2019

Families are welcome to attend the Senior Ball 'walk ins' between 8.00 and 8.30pm (no entry will be permitted after 8.30pm). Please note the Ball will be held at St Josephs Hall on the corner of Denmark and Wilkin Streets again this year, due to the construction work on the Opihi College site.

## FOR YOUR CALENDAR

May	13-14	Yr 13 Leadership Course
	17	"Pink Shirt Day"
	17	Opihi College Senior Ball
	20	Yr 13 ChCh Tertiary Trip
	23	Opihi College Open Day 2pm to 4.30pm
	24	Nominations close for Board of Trustees election for staff and parent representatives
	28	Yr13 Otago Liasion Visit
	31	SCPSS Skate / Scoot
	29	BOT Meeting 6.30pm
June	3	<b>Queens Birthday</b> Statutory Holiday
	6	Japanese NCEA Day at UC
	7	Election Day for Board of Trustees election for staff and parent representatives
	11	SCPSS Cross Country
	14	Y10 Japanese Comp Dunedin

## GEMS FLORIST

Ball flowers available:  
Corsage \$15  
Buttonhole \$12

Contact Gemma:  
Gemsflorist@gmail.com  
On Facebook  
and Instagram  
(Gemma May, florist)  
Phone 021 068 1121



Embark on one of the most exciting and rewarding experiences of your life

### HOST FAMILIES NEEDED

- ✓ Experience a new culture
- ✓ Learn a language at home
- ✓ Rediscover and share the beauty of New Zealand

Students arrive in January, April, June and July and stay for 3, 5 or 10 months.

All students have a wide range of interests and hobbies.

If your family can offer a friendly, supportive and caring home environment, contact us today 0800 440 079 or [info@studentexchange.org.nz](mailto:info@studentexchange.org.nz)

[www.studentexchange.org.nz/hosting](http://www.studentexchange.org.nz/hosting)  
**experienceiseverything**



## V.O.I.C.E YOUTH PROJECT 2019 ART EXHIBITION & COMPETITION JUNE 18-21

Entries close 12th June 2019  
With works delivered to: YMCA  
23 Butler Street, Timaru.



**ENTRY CRITERIA:** Open to all South Canterbury young people aged from 12-24 years of age. **CASH PRIZES!**  
**CATEGORIES:** Image 1: Painting/Drawing. Image 2: Mixed Media/Printmaking. Digital Media Image 3: Film/Photography/Design.  
**3D Works:** Sculpture/Installation. + SPECIAL AWARD CATEGORIES. **OPENING/AWARDS NIGHT:** Tuesday 18 June, 6.30pm @ Timaru District Council Chambers, Barnard Street, Timaru. **Exhibition:** @TDC Chambers 6.30pm 18-12.30pm 21 June 2019.

**THEME: WE ARE MORE THAN YOU SEE**

**FOR MORE INFO PLEASE CONTACT:** Cath - [youth@ymcas.org.nz](mailto:youth@ymcas.org.nz) Phone: 688 3682 or Anna Bellone@cath.health.nz Phone: 687 2609

Partly sponsored by:







## GARDEN GROUP

The Opihi College Gardening Group have been busy harvesting their vegetables, and are celebrating a successful crop of pumpkins and potatoes.

*Pictured:*

*Noah Drake, Ollie Reid, Jemma Lyon, Piper-Lee Suddens, Ella Ferguson and Charlotte Coles.*

# ENGAGE

MORE CONTROL | LESS IMPULSE



## What's Going On? Understanding Ourselves Understanding Trauma

What happens when the brain is subjected to traumatic situations such as: grief, poverty, mental health, victims of crime/violence/alcohol/drugs, terminal illness, relationship break-ups etc? How can we help those who have been subjected to dramatic change, including post-traumatic stress syndrome?

Understanding changes in the brain and how it affects us, will give you an increased ability to be able to deal with traumatic situations. Kathryn will also give some tips on parenting adolescents. The beauty of this session is that you can take the information and immediately apply it to *your* world. Common feedback from those who attend this session is "you have changed our family" and "I get it now". Come along and hear how it can help you too!

Kathryn Berkett is a mother of two adolescents, with a Masters in Educational Psychology. She will explain what is going on in simple, real language. You will leave her session with practical tips you can use IMMEDIATELY in yours and others' lives.

Kathryn has been working in this area and training international audiences for over 16 years; working with groups such as Police, teachers, parents, social workers, NZ Rugby and many more.

Come along to this unique, local opportunity to hear what might be some of the most useful information of your life!

FREE  
COMMUNITY EVENT

REAL, 'TAKE-HOME'  
INFORMATION

EASY TO UNDERSTAND  
EXAMPLES

Thursday  
16<sup>th</sup> May 2019

7.30pm-9.00pm

Mackenzie  
Community Theatre

*Kindly supported by:*

*Mackenzie Lodge*

*Fairlie's Secondhand Markets*





## Opihi College Board of Trustees' Election

Nominations are invited for the election of four parent representatives to the board of trustees.

A nomination form and a notice calling for nominations will be posted to all eligible voters.

You can nominate another person to stand as a candidate, or you can nominate yourself. Both parts of the form must be signed.

Additional nomination forms can be obtained from the school office.

Nominations close at noon on Friday 24 May 2019 and may be accompanied by a signed candidate statement and photograph.

The voting roll is open for inspection at the school and can be viewed during normal school hours.

There will also be a list of candidates' names, as they come to hand, for inspection at the school.

Voting closes at noon on Friday 7 June 2019.

Signed

*Sharyn Patrick*  
Returning Officer

“

Schools need  
us all to **step  
forward.**

Nominate yourself or someone  
you know to be a school trustee.  
Contact your local school for a  
nomination form.

Step forward  
for our schools



Find out more [www.trustee-election.co.nz](http://www.trustee-election.co.nz)

For any queries please contact:  
Returning Officer  
Opihi College  
PO Box 175  
TEMUKA



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#PINKSHIRTDAYNZ

# Speak UP STAND TOGETHER STOP BULLYING

KŌRERO MAI, KŌRERO ATU  
MAURI TŪ, MAURI ORA

FRIDAY, 17 MAY 2019

GET YOUR WORKPLACE INVOLVED  
[PINKSHIRTDAY.ORG.NZ/SWAG](http://PINKSHIRTDAY.ORG.NZ/SWAG)

 Mental Health Foundation  
mauri tū, mauri ora OF NEW ZEALAND





# HIKE IT, BIKE IT, SCOOT IT, SKATE IT

SAFER JOURNEYS FOR  
SCHOOL CHILDREN

A whānau and caregivers' guide



WATERLOO  
TRANSPORT  
AGENCY  
A HOKITIKA

Safer Journeys  
for children

New Zealand Government



## HELMET SAFETY – CYCLING, SCOOTING AND SKATING

To be safe:

- there should be a standards-approved sticker on the helmet
- the outside of the helmet (shell and polystyrene) should be in good condition and not cracked or damaged
- the straps and buckles should be in good order, not frayed or broken
- the cycle helmet should be the right size – with little or no wobble when fitted
- the helmet should be positioned level on the head, with the chin and back straps meeting on the jaw, below the earlobes
- the chin strap should be firm but not too tight
- if the helmet tips sideways, backwards or forwards, it is too loose.

## WHAT ELSE CAN I DO TO HELP MY CHILD BE SAFER WHEN THEY'RE CYCLING?

- Ride with them.
- Make sure your child's bike is in good working order with working brakes.
- Make sure the bike has reflectors – it is a legal requirement.
- They need lights if they are cycling in low light or dark conditions.
- Give your child bright-coloured and reflective clothing so other road users can see them more easily.
- Backpacks should also be bright and reflective or be fitted with a high-visibility cover.
- Practise riding the route to school with your child on the weekend when traffic is light.

*Feels like family*

## Mother's Day Fun Run

9:00am | Sunday 12<sup>th</sup> May, 2019  
Caroline Bay Soundshell, Timaru

Join us for a run, walk or stroll this Mother's Day.

It'll be a great start to the day and you'll be doing your bit to help beat heart disease.

All participants will receive an event t-shirt designed by Dick Frizzell.

Register online at  
[jennianmothersday.com](http://jennianmothersday.com)

**Jennian**  
HOMES

Heart  
Foundation  
for women

\*Event distances approx. 5km



## Enjoy singing?

We're recruiting .... a 50 strong  
mixed choir, all ages, we're super  
laid back, a big 'fun' choir.

Rehearsal's Mondays 7.30-9.00pm Central Mall

School holidays off, no auditions needed,  
minimal subs, you're welcome to try us out.

We perform in Christmas on the Bay annually.

Ph Di Cleverley for further detail 021 688034

or email [dischoirs@gmail.com](mailto:dischoirs@gmail.com)



# OPIHI COLLEGE OPEN DAY

**C.A.R.E.**

COMMUNITY-ACCEPTANCE-RESPECT-EXCELLENCE



2:00 – 4:30 pm

Richard Pearse Drive, Temuka

Phone: (03) 615 7442

[www.opihicollege.school.nz](http://www.opihicollege.school.nz)

Enrolment forms available on the day

**Thursday, May 23<sup>rd</sup> Opihi College**

*Be part of our exciting future*