



Opihi College

Currently under review

We are reviewing this policy for its content and how well the school implements it. To share your comments and rate its implementation, click the "Start your review" button.

About the review process ⓘ

Start your review

Health Education

Our school is committed to delivering health and physical education programmes that apply best practice, comply with relevant guidelines and legislation, and are appropriate for our school community. We support the positive and holistic development and health of our students.

Consultation and written statement

Our board consults with the ► **school community** and produces a written statement at least once every two years about how our school will implement health education. This is a requirement under the Education and Training Act 2020.

Before we adopt a statement, we:

- inform the school community about the content of the health curriculum
- consult with the school community about how we should implement the health curriculum
- determine the health education needs of our students
- prepare a draft statement
- give members of the school community an adequate opportunity to comment on the draft statement
- consider any comments received.

Consultation

The board uses any method of consultation it considers appropriate for ensuring that the school community is engaged, and that the diverse views, beliefs, and customs of the community are taken into consideration. Consultation also aims to:

- strengthen health and physical education programmes
- contribute to the review and evaluation of programmes
- help develop related school policies
- provide opportunities for students, teachers, and parents/caregivers to enhance student learning.


Written statement

Opihi College prepares a draft written statement about our delivery of health education and gives the school community reasonable time to give feedback.

Once we have considered any feedback, we adopt our health statement for the next two years and notify the school community. The statement is aligned with our school charter/strategic plan and outlines:

- what will be taught
- how it will be taught
- the option for parents/caregivers to withdraw their child from any aspect of the relationship and sexuality education programme by writing to the principal.

The principal then ensures that the health education programmes are implemented and evaluated effectively.

Our school has completed the consultation process and adopted a written statement. See our **Health Curriculum Statement** .

Relationship and sexuality education

How we approach relationship and sexuality education, including contraceptive education, is an important aspect of our consultation with the school community.

Once we have adopted a statement on how we will teach the health curriculum, our school is not required to seek permission for students to participate in the programme. If a parent has concerns they can discuss these with school staff and/or write to the principal to request that their child be released for specified parts of the health curriculum relating to sexuality education.

If class release is requested, the principal ensures that the student is supervised while released. Students who are released during relationship and sexuality education sessions are not removed from class if a question related to these topics is raised by another student at other times.

Every two years, the principal assures the board that the school has completed its consultation with the school community about how the health curriculum is implemented. The board must adopt a statement about the delivery of the health curriculum for the next two years and share this with the school community. See **Self-Review and Board Assurances**.






Related topics

- **Inclusive Education**
- **School Planning and Reporting**

Legislation

- Education and Training Act 2020 (s.51, s.91, s.102.2)

Resources

- Health and Physical Education: **Health and physical education in the curriculum** 
- Health and Physical Education: **Relationships and sexuality education: A guide for teachers, leaders and boards of trustees** 
- New Zealand Health Education Association | Ako Hauora Aotearoa: **Consulting with the community**  (includes the 2015 NZHEA resource "Developing a health education delivery statement")
- New Zealand Family Planning: **Community consultation and health education** 
- Education Review Office | Te Tari Arotake Mātauranga: **Promoting wellbeing through sexuality education**  (includes links to brochures for whānau, senior students, and boards)

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<i>Last scheduled review</i>	
<i>Last internal review</i>	<i>Term 2 2022</i>
<i>Topic type</i>	<i>Core</i>